

BERNAT TWISTED KNIT HEADBAND



MATERIALS

Bernat® Velvet™ (10.5 oz/300 g; 315 yds/288 m) Indigo Velvet (32007) 1 ball

Size U.S. 8 (5 mm) knitting needles or size needed to obtain gauge.





KNIT I SKILL LEVEL: BEGINNER

ABBREVIATIONS

Approx = Approximately **Beg** = Begin(ning) K = Knit

 $\mathbf{P} = Purl$

Pat = Pattern

Rep = Repeat **St(s)** = Stitch(es)

Tog = Together

SIZE

One size to fit Adult. Approx 6" [15 cm] wide.

GAUGE

13 sts and 20 rows = 4'' [10 cm] in pattern (pat).

INSTRUCTIONS

Cast on 39 stitches (sts).

1st row: Knit 1 (K1). *Purl 1 (P1). K1. Repeat (rep) from * to end of

row.

Rep last row for Seed St pattern (pat) until work from beginning (beg) measures 21" [53.5 cm]. Cast off.

Fold Headband in half lengthwise. Sew edges together (tog) to make a long tube. Twist one end of Headband 180 degrees. Sew ends of Headband tog.

